

Baby Massage Classes

at *FAMILY, Inc.*

CONNECT WITH YOUR BABY THROUGH INFANT MASSAGE!

This one hour class is designed for Prenatal Parents and Parents/Caregivers of pre-crawling babies to learn specific massage strokes for various parts of baby's body.

MONDAY EVENINGS FROM 6:30 - 7:30 PM

SESSION 1: AUGUST 31

SESSION 2: SEPTEMBER 14

SESSION 3: SEPTEMBER 21



In partnership with FAMILY's Breastfeeding support group, participants will have the opportunity to receive infant massage instructions and connect with other breastfeeding Moms and breastfeeding supporters.

*Interested in learning more? See the book -
Infant Massage: A Handbook for Loving Parents
by Vimela McClure,
the founder of International Association of Infant Massage*



family
Building the future...
right from the start

Registration required!
Contact Jean at 712-256-9566, ext. 205
to register or for more information.